

LAS ROCAS

RESTAURANTE

APPETIZERS.

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| Double-textured chilled tomato soup in "Cordoba" style, garnished with boiled egg and Iberian ham | 9€ |
| Prawn and potato salad with "ali-oli" sauce and olives from "Kalamata" | 10€ |
| Our cheese platter accompanied by an assortment of garnishes | 12€ |
| Foie gras semi-cooked with vanilla poached pears and slices of gingerbread | 18€ |
| Iberian ham "gran reserva" | 22€ |
| Galician octopus "millefeuilles" with paprika oil from "La Vera" | 16€ |
| Our prawns with garlic and lemon | 16€ |
| Mini aubergines glazed with palm honey and goat cheese | 14€ |
| Whitefish "usuzukuri" with thruffle | 16€ |
| Stir-fried vegetables | 10€ |

Taxes are included
20€ discount with your half or full board menu

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THE FRIED ONES.

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| Ham croquettes with grated tomatoes | 1,5€/unit |
| Crunchy cod croquettes with lime mayonnaise | 1,5€/unit |
| Our fish fritters accompanied by tartar and "ali-oli" sauce | 13€ |
| A mix of fried seafood: big and small squids, cuttlefishes and anchovies | 16€ |
| Squid rings with citrus sauce | 13€ |
| Crispy chicken sticks with assorted sauces | 13€ |

HOT, HOT.

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|--|-----|
| Onion soup with grilled bread crust | 9€ |
| Pumpkin cream with smoked cheese and coriander | 9€ |
| Fish and seafood soup "Las Rocas" | 14€ |

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FRESH AND GREEN.

| | |
|---|-----|
| Canarian salad Fillet of oily fish on baby leaf salad and canarian dressing | 14€ |
| Caesar´s salad Crispy chicken with a mix of lettuces, sauce with a hint of anchovy and traditional breadsticks | 14€ |
| Nordic salad A mix of lettuces with smoked salmon, smoked cod, mustard dressing, capers and boiled egg | 15€ |
| “Las Rocas” salad Rocket and mixed lettuces, tomatoes, avocados, prawns and canarian vinaigrette | 14€ |

MORE THAN PASTA.

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| White truffle ravioli with dried tomatoes and parmesan flakes | 15€ |
| Girasoli filled with crab and served with gorgonzola dill sauce | 15€ |
| Our seafood fettuccine | 16€ |
| Yakisoba: sautéed noodles with squids and prawns | 15€ |
| Boletus edulis mushroom risotto with parmesan flakes | 16€ |

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OUR MAIN DISHES.

Fish

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| Roasted octopus with sweet potato and red "mojo" sauce | 18€ |
| Wreckfish cooked with vegetables | 18€ |

Meat

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| Iberian grill with roasted peppers | 21€ |
| Range chicken macerated in "mojo" sauce, served with canarian potatoes | 16€ |
| Grilled tenderloin with sautéed vegetables and sauce at your taste | 21€ |
| Beef steak with garnish at your taste (piece of 500 to 600 gr.) | 27€ |
| The authentic Milanese escalope with mixed green salad, Parmesan cheese and lemon dressing (piece of 500 to 600 gr.) | 27€ |

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TRADITION CAN'T BE MISSING.

| | |
|--------------------|--------------|
| Fish in salt-crust | 19€ |
| Grilled lobster | <i>m.p.*</i> |
| Seafood of the day | <i>m.p.*</i> |
| Fish of the day | <i>m.p.*</i> |

Orders limited to a minimum of two people. Prices are per person.

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| Rice with broth and lobster | 29€ |
| Valencian paella | 24€ |
| Black rice with red king prawns, squids, scallions and "ali-oli" sauce | 28€ |
| Seafood paella | 26€ |

**Depending on the market price*

SIDE DISHES.

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| Canarian black potatoes | 5€ |
| Portion of chips | 4€ |
| Green salad from the garden | 4€ |
| Assortment of "mojo" sauces | 2€ |

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SWEET ENDING.

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|---|----|
| Yogurt mousse with figs of El Hierro island | 6€ |
| Assortment of seasonal fruits with ice-cream of your taste | 6€ |
| Canarian "gofio" mousse with palm honey | 6€ |
| Catalan cream | 6€ |
| Our Prince Albert | 7€ |
| Chocolate coulant of 64% cacao with Bourbon vanilla ice cream | 7€ |
| "Las Rocas" ice cream | 7€ |
| Crepes filled with vanilla ice-cream | 7€ |

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